Session 1: Respect Your Education

Five Star Life Value - Respect - treating others the way you want to be treated.

Do: Take ownership of your academics and realize your full potential as a learner.

Every moment is ______________.

Questions:
1. Even though you’re one person all the time, you have different areas of your life. Identify the areas of your life and write them on the puzzle pieces above. Write one word per puzzle piece (examples include STUDENT, BROTHER/SISTER, MUSICIAN, ATHLETE, etc.) and put a rating number by each area of your life.

1=LOTS of room for growth, 2= some room for growth, 3=doing just okay, 4=doing pretty good, 5=I’ve got this
2. In which two subjects do you have your lowest grades?

________________________________________________________________________

3. What did you rate yourself as a student? _____
   If it is not a “5”, what will you do to be a champion and bring up your lowest grades?

________________________________________________________________________

4. What are your expectations for yourself as a learner:
   • What do you want your grades to be on your next report card?
   • How far in school do you want to go? Graduating high school, college, or more?

________________________________________________________________________

**Challenge:** Using your answer for question #4, complete the “I will...” statement below. Cut it out and tape it somewhere you can see if everyday (locker, desk, mirror at home, etc.)

I will be a champion as a student. I will ___________________________.

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