



Week 4: Rise Up & Lead by Respecting Those Who Mistreat You
Know: Your success or failure is determined by your ability to Rise Up & Lead when respecting those who mistreat you.
Do: Rise Up & Lead by taking ownership of the way you respond.

Responsibility: taking _____ of our past choices, current reality and future _____

Questions:

1. How do you respond in situations when people mistreat you?

2. Why do you respond this way?

3. How can you Rise Up & Lead to take ownership of the way you respond?

4. Write down the initials of someone who you can improve on how you respond to them.

Challenge: This week, on the back of your notes, keep track of situations where you took ownership of the way you responded to those who mistreated you.



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Monday:

Situation: _____

How I Responded: _____

Tuesday:

Situation: _____

How I Responded: _____

Wednesday:

Situation: _____

How I Responded: _____

Thursday:

Situation: _____

How I Responded: _____

Friday:

Situation: _____

How I Responded: _____

Saturday:

Situation: _____

How I Responded: _____

Sunday:

Situation: _____

How I Responded: _____

Monday:

Situation: _____

How I Responded: _____

Tuesday:

Situation: _____

How I Responded: _____

Wednesday:

Situation: _____

How I Responded: _____

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Situation: _____

How I Responded: _____

Saturday:

Situation: _____

How I Responded: _____

Sunday:

Situation: _____

How I Responded: _____